

# APPENDIX 1 HELMET APPROVALS & FITTING

## 30.1.1 APPROVAL LABELS FOR HELMETS

30.1.1.1 Helmets must carry one of the following approval labels, as listed in Rule 01.70 of the FIM Technical Rules.

a) Europe	ECE 22 – 04, ECE 22 - 05
b) Great Britain	BS 6658 Grade A & B (All disciplines)
c) USA	DOT Federal Standard No 218 / SNELL M95, M2000, M2005
d) Japan	JIS T 8133:2000, or
Australia	Standards Association of Australia AS1698

## 30.1.2 International Helmet Standards

Refer also [www.fim.ch](http://www.fim.ch)

### 30.1.2.1 ECE 22 - 05 "P" [EUROPE]

30.1.2.2 The ECE mark consists of a circle surrounding the letter E followed by a distinguishing number of the country which has granted approval, as follows:



E1	Germany	E2	France	E3	Italy	E4	Netherlands	E5	Sweden
E6	Belgium	E7	Hungary	E8	Czech Republic	E9	Spain	E10	Yugoslavia
E11	United Kingdom	E12	Austria	E13	Luxembourg	E14	Switzerland	E15	not assigned
E16	Norway	E17	Finland	E18	Denmark	E19	Roumania	E20	Poland
E21	Portugal	E22	Russian Federation	E23	Greece	E24	Ireland	E25	Croatia
E26	Slovenia	E27	Slovakia	E28	Bielo Russia	E29	Estonia	E30	not assigned
E31	Bosnia & Herzegovina	E32	Latvia	E33	not assigned	E34	Bulgaria	E35	not assigned
E36	not assigned	E37	Turkey	E40	Macedonia	E43	Japan	E44	not assigned
E45	Australia	E46	Ukraine	E47	South Africa	E48	New Zealand	E49	not assigned

30.1.2.3 Below the letter E the approval number should always begin with 05. Below the approval number is the serial production number [Label is on retention system or comfort interior]

30.1.2.4 [JAPAN] JIS 813 : 2000 [Label affixed inside the helmet]



30.1.2.5 [USA] SNELL M2005 [Label affixed inside the helmet]



30.1.2.6 [AUSTRALIA] AS 1698 [Label affixed to the helmet]



OR



OR



OR



For more details consult the FIM Technical Rule Book.



FAS-Mark, the number one choice for compliance marking protective helmets and eye protectors, in accordance with:

**AS/NZS 1698 Protective helmets for vehicle users**

**AS 1609 Eye protectors for motor cyclists & racing car drivers**

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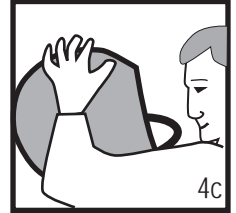


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## HELMET FITTING GUIDE

1. Start by measuring the size required at the crown of the head.
2. Put helmet on and connect the strap, then tighten as required.
3. Check that there is no side to side movement [image 3]
4. With your head tilted forwards, try to pull the helmet off from the back [see images 4a-c].
5. Check that you can see clearly over your shoulders.
6. Make sure you can breathe easily in the helmet and that no part of the helmet covers your nose or mouth.
7. Never wind a scarf around the helmet so that it may obstructs air from entering your helmet.
8. Never have a scarf trapped under the strap.
9. Make sure you can open the visor with one gloved hand.
10. Satisfy yourself the back of your helmet is designed to protect your neck.
11. Always buy the best helmet you can afford.



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The Australian Sports Commission is the Australian Government agency that develops, manages and invests in sport at all levels in Australia. Motorcycling Australia has worked closely with the Australian Sports Commission to develop motorcycling from community participation to high-level performance.

**Motorcycling Australia is one of many national sporting organisations that has formed a winning partnership with the Australian Sports Commission to develop its sport in Australia.**

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